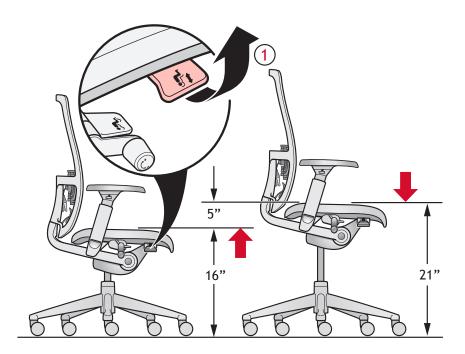
HAWORTH[®]



Pneumatic Height Adjustment

Pneumatic height adjustment is used to adjust the seat to fit different user heights. (1) Pull the lever up and lift the body out of the chair to raise the seat. To lower the seat, remain seated and pull the lever up.



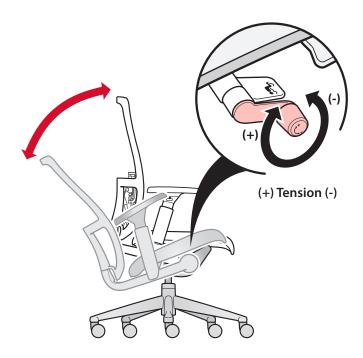
Seat Depth Adjustment

Seat depth adjustment moves the seat pan to accommodate different leg lengths. Pull out and up on the lever at a 45 degree angle, and slide the seat pan front to back.



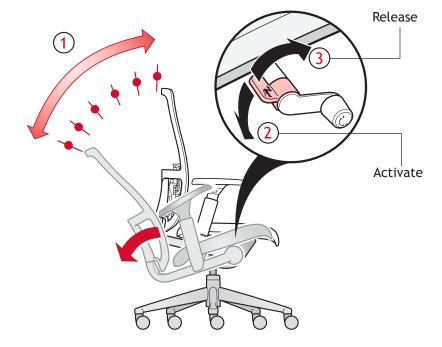
Tilt Tension Control

Tilt tension adjusts the force necessary for a user to recline in the chair. Turn the crank forward (clockwise) to tighten the tension and backward (counter-clockwise) to loosen the tension. Once the tension has reached its maximum in either direction, do not force the crank further.



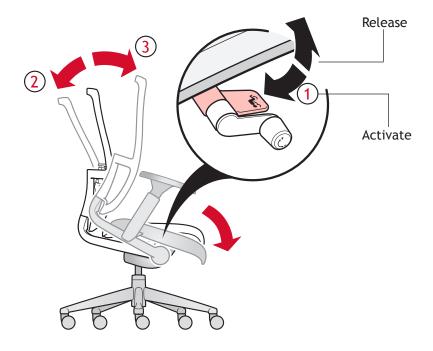
Back Stop

Back stop allows users the choice of selecting an upright position or limiting the amount of recline. (1) Recline to the desired stopping position and (2) push down on the lever to activate the back stop. (3) Pull up on the lever to release the back stop.



Forward Tilt

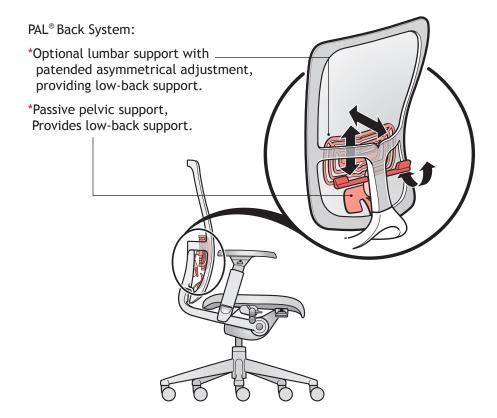
Forward tilt allows users to sit forward in the chair during task-intensive work. (1) To activate, push down on the forward tilt lever, (2) recline and (3) then lean forward; pull up and recline to release.



PAL® Back System & Lumbar Adjustment

Lumbar height adjustment allows the user to position the lumbar pad in the lumbar curve (the small_ of the users back. Pull up on the handles to raise the lumbar pad; push down to lower it.

Lumbar support helps maintain the lumbar curvature (lordosis) in the spine of the lower back when the user is seated. Rotate the handles up to increase the amount of support and down to decrease the amount of support. Each handle can be rotated independently.



Arms

- (1) Arm height adjustment raises and lowers the arms to keep the users shoulder in a neutral posture. To change the height of the armrest, pull up on the lever and slide the armrest up or down.
- (2) Armrest side-to-side adjustment accommodates users with various shoulder width. Grasp the armrest cap and slide it side-to-side as needed.
- (3) Armrest front-to-back adjustment allows users to get closer to their work surface while maintaining effective use of the backrest. Grasp the armrest and slide it forward or backward as needed.
- (4) Armrest pivot allows the user to have proper support of the forearm when mousing or keying. To change the angle of the armrest, grasp the armrest cap and rotate the front of the armrest toward or away from the body.

